

fratelli

RISTORANTE • BAR • TERRACE

Gluten Free Menu

Information

This menu includes some of our dishes that are naturally gluten free. Don't see something you fancy? The majority of our main menu can also be adapted to suit many dietary requirements.

When ordering from this menu, please ensure you still tell us about your allergy / intolerance.

Please note: Due to the open aspect of our kitchen, we are unable to guarantee the complete absence of any allergens in our menu items despite the precautions we take.

Pizza & Pasta

Gluten free available £2.50 supp.
Excludes Calzone

Antipasti

BURRATA Soft centred burrata mozzarella with tomatoes, marinated roast red peppers and extra virgin olive oil	12.5
PROSCIUTTO CAPRESE Cured ham, bufala mozzarella and sun blushed tomatoes	11.5
GAMBERONI ALL'AGLIO / ARRABBIATA King prawns in parsley, garlic and chilli or a spicy tomato sauce	13.5
INSALATA TRE COLORI v Tomato, mozzarella and fresh basil	9.5

Carni, Polli e Pesce

SALTIMBOCCA ALLA ROMANA Sliced veal with cured ham in a white wine, sage and butter sauce served with sautéed potatoes	28
POLLO ALLA CALABRESE Pan fried chicken breast with a spicy nudja and tomato sauce served with steamed rice	23
POLLO ALLA ZAFFERANO Chicken breast with sautéed wild mushrooms, pancetta, saffron and cream served with a choice of side order	26
SALMONE MEDITERRANEO Pan fried salmon with fresh tomatoes, olives and capers served with sautéed spinach	28
PESCE SPADA IN PADELLA Pan fried swordfish with aromatic herbs served with mixed salad	25
BRANZINO AL GONDOLIERE Pan fried fillet of seabass with king prawns, chives and chilli butter served with saffron potatoes	27
GAMBERONI ALL'AGLIO / ARRABBIATA King prawns in parsley, garlic and chilli or a spicy tomato sauce served with steamed rice	29.5

Contorni


GREEN BEANS v With butter and onions	4.5	SAUTÉED POTATOES With pancetta, onion and rosemary	5.5
SAUTÉED SPINACH v With garlic and chilli	5	STEAMED RICE	5

Insalate

INSALATA DI CARCIOFI v Artichokes, cherry tomatoes, walnuts and torn burrata with an olive oil, dill and lemon dressing	Sml 9 Lrg 16
INSALATA MISTA Mixed lettuce, red onion, tomatoes, cucumber and parmesan shavings with an olive oil and balsamic vinegar dressing	Sml 5.5 Lrg 10.5

dalla Griglia

*Served with grilled tomato and mushrooms.
Steaks aged 28 days.*

RIB-EYE 10oz	29
FILLET 8oz	33
BISTRO RUMP 10oz	24
	
POLLO E ROSMARINO Grilled chicken breast with rosemary	19
AGNELLO Grilled lamb cutlets with rosemary and thyme	28
VEAL ESCALOPE	26
SWORDFISH	22

Le Salse 3.5 EACH

Arrabbiata • all'Aglío • Dolcelatte

Dolci

RASPBERRY PAVLOVA Italian meringue topped with raspberry ice cream, raspberry puree, vanilla cream and a meringue crown	9	ETON MESS ITALIANO Meringue, mixed berries and sweet mascarpone	8
		NEW YORK CHEESECAKE	8

If you have an allergy or intolerance to any particular ingredient please let us know, however, due to the open nature of our kitchen it is impossible for us to guarantee the complete absence of any allergens in our menu items, despite taking all necessary precautions in food preparation.

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Vegan Menu

Primi

CROSTINI TRE COLORI

Crostini topped with cherry tomatoes, red onion and basil drizzled with extra virgin olive oil

8.5

ZUCCHINI FRITTI

Deep fried battered courgettes

8

ANTIPASTO DI VEGETALI

A selection of grilled vegetables and marinated artichokes served with flatbread and vegan parmesan

12

INSALATA MEDITERRANEA

Vegan mozzarella and sautéed mixed Mediterranean vegetables in extra virgin olive oil with fresh basil

12

Secondi

RISOTTO ALLA VERDURE

Risotto with courgettes, peas, red onion and spinach

15.5

SPAGHETTI AGLIO E OLIO

Garlic, extra virgin olive oil, black pepper and chilli

12.75

PIZZA

Tomato, vegan mozzarella and your choice of 2 toppings, choose from:

15.5

Peppers | Cherry Tomatoes | Mushrooms | Spinach
Courgettes | Artichoke | Red Onion

Insalate

INSALATA POMODORO

Mixed lettuce, cherry tomatoes, red onion and cucumber with an olive oil and balsamic vinegar dressing

Sml 5.5 Lrg 10.5

INSALATA RUCOLA

Rocket, walnut, cherry tomato and red onion salad with an olive oil, dill and lemon dressing

Sml 8.5 Lrg 15

INSALATA SARDO

Marinated artichokes, cannellini beans and spinach salad in a olive oil and garlic dressing topped with shaved vegan parmesan

Sml 9.5 Lrg 16

Dolci

GELATO

Vegan vanilla ice cream

Per Scoop 2.25

AFFOGATO ESPRESSO

Two scoops of vegan vanilla ice cream drowned in freshly brewed espresso

7.5

FRESH FRUIT SALAD

7.5

CHEESECAKE

Vegan vanilla cheesecake with mixed berries

8